



## **Del Rio Botanical** Suzanne Peabody Ashworth

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### *First Week of March 2010*

Good Morning, It is raining again, so the goats are having babies! Butter chard continues to be the "new" taste in chard. The flat green leaves have white stalks and are very tender. The kales have sweetened with the freezes and are now ready. Fava Greens are spinach like with a delicate flavor and texture.

The cardoon is ready as is sorrel. Dill and Fennel are both available for special flavors. Spring Garlic is sizing up nicely. Lamb lettuce is very tender and the essence of spring.

<i>Spring Garlic-limited, good size</i>	<i>pound</i>
<i>Argula Rapini</i>	<i>2 pound</i>
<i>Cima de Rapa (Broccoli Raabe)</i>	<i>4 pounds</i>
<i>French Cardoon-trimmed stalks</i>	<i>10 pounds</i>
<i>Fava Greens,</i>	<i>2 pound</i>
<i>Dinosaur Kale, Red Russian Kale</i>	<i>2 pound</i>
<i>Mustards, Green or Red Broadleaf</i>	<i>2 pound</i>
<i>Cress, Crinkled</i>	<i>2 pound</i>
<i>Lacionata-Dinosaur Kale</i>	<i>2 pound</i>
<i>Red Russian Kale</i>	<i>2 pound</i>
<i>Frisee green mustards</i>	<i>2 pound</i>
<i>Frisee red leaf</i>	<i>2 pound</i>
<i>Mizuna, Mibuna</i>	<i>4 pound</i>
<i>Sorrell, French, Italian,</i>	<i>2 pound</i>
<i>Baby lamb lettuce (very light weight/vol)</i>	<i>1 pound</i>
<i>Chard, Red, Yellow, or Butter Chard</i>	<i>4 pound</i>
<i>Custom Salad Mix with Petals and Herbs</i>	<i>2 pound</i>
<i>Italian Arugula-Large Lettuce Leaf</i>	<i>4 pound</i>
<i>Braising Mix, Preboggin Mix, Custom Mix</i>	<i>4 pound</i>
<i>Avocado Leaves for spice in beans/grains</i>	<i>case</i>
<i>Tuscan Rosemary, Nepeta Catarica, Oregano</i>	<i>bunch/1 lb</i>
<i>Mints, Lavender,</i>	<i>bunch/1lb</i>
<i>Petals, Calendula Blossoms</i>	<i>clamshell</i>